

Adult Activity Center

Recap of 2023 and Plans for 2024

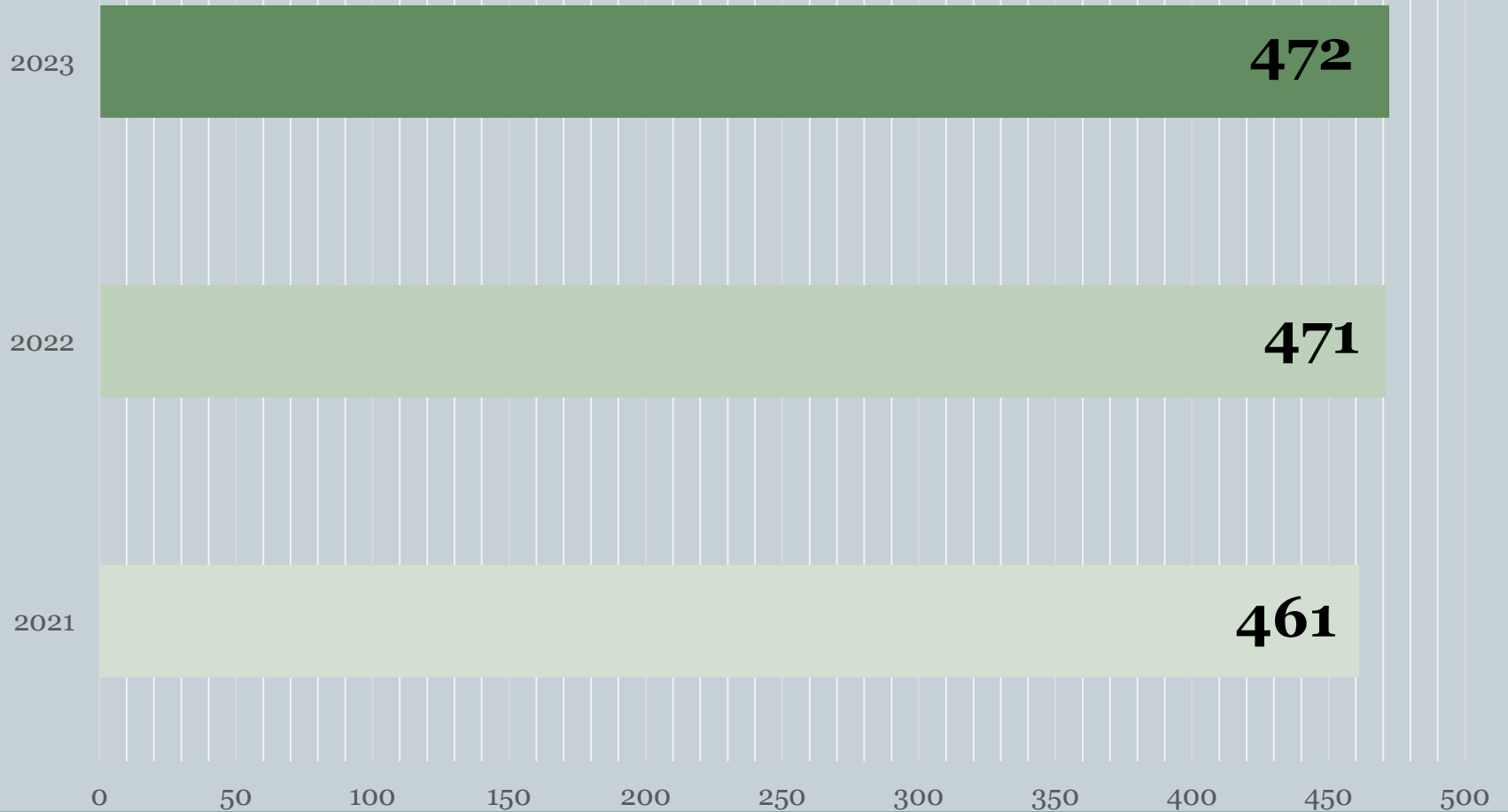
PARK BOARD PRESENTATION MARCH 12, 2024



ENRICHING THE QUALITY OF LIFE OF PARK DISTRICT RESIDENTS THROUGH EXCELLENCE IN PROGRAMS, PARKS, FACILITIES, AND SERVICES.



AAC Membership Totals



AAC Drop-in Programs



- 9,439 members utilized the AAC for drop-in programs



Collaborative Programming



External:

- Pinot's Palette
- Sunrise Senior Living
- River Glen
- Geneva Hearing Services
- The Tiny Kitchen

Internal:

- Naturalist Crew
- Hickory Knolls Team
- Outreach Ambassador

Community Volunteers Giving Back



Internal:

- AAC Bingo Caller - 30 hours
- AAC Member in Preschool – 201 hours

External:

- Northern Illinois Food Bank
 - Averages 20 volunteers each month
 - 492.5 hours (up 10% from 2022)

Collaborative Partnering



St. Charles Breakfast Rotary Club:

- Early Bird Breakfast hosted in April & September – 94 members!
- A Night of BINGO hosted in May & October – 101 members!

New Trips in 2023



Fitzgerald's Fish Boil and Lake Geneva Shopping

Wednesday, Aug 2 • 12-7:30pm
Age 50+ • Fee: \$72 • #31898

From antiques to wine, artwork to chocolates, there is something for everyone downtown Lake Geneva! After shopping, head to Fitzgerald's Genoa Junction for a traditional fish boil. Dinner and transportation included. Lake Geneva, WI.

Registration Deadline: July 26

Trips depart from and return to Pottawatomie Community Center, unless otherwise noted.



Pottawatomie Community Center • stcparks.org



- 585 people attended a trip in 2023, up 13% from 2022 (519)!



Andy Warhol Portfolios

Tuesday, July 25 • 8:30am-5:30pm
Ages 50+ • Fee: \$61 • #31904

Don't miss your chance to experience the Warhol Exhibition including 94 original works and additional interactive experiences! Start with a docent led talk, then embark on an artistic journey as you learn about one of the most popular and iconic artists in American history. Lunch on your own at a local restaurant. Admission and transportation included. Glen Ellyn.

Registration Deadline: June 22

Trips depart from and return to Pottawatomie Community Center, unless otherwise noted.



NEW!

Pottawatomie Community Center • stcparks.org

New Trips in 2023



Black Pointe Estate & Lunch Cruise on Lake Geneva

Wednesday, June 28 • 7:30am-4:30pm
Age 50+ • Fee: \$151 • #31801

NEW!



Take a guided tour through the first two floors of this beautiful 1888 Queen Anne-style summer cottage, considered one of the finest examples of period architecture and furniture in the Midwest, and one of the oldest mansions in Lake Geneva. Afterwards, enjoy a narrated luncheon cruise of the entire lake aboard the Grande Belle. Guided tour, lunch and transportation included. Lake Geneva.

Registration Deadline: June 12

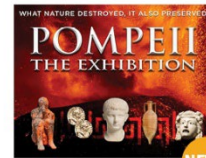
Trips depart from and return to Pottawatomie Community Center, unless otherwise noted.

Pottawatomie Community Center • stcparks.org



Pompeii Exhibit

at Museum of Science & Industry
Wed, Aug 16 • 8:30am-4:30pm
Age 50+ • Fee: \$80 • #32441



NEW!

Go back in time to the bustling commercial port and trading center that once was Pompeii. Explore the treasures, sculptures, jewelry, armor, weapons, coins and full body casts of the volcano's victims. Marvel at more than 150 precious artifacts that bring to life how people in this ancient city lived. Enjoy a boxed lunch and browse other exhibits within the museum to finish out your visit. Admission, lunch and transportation included. Chicago.

Registration Deadline: July 31

Trips depart from and return to Pottawatomie Community Center, unless otherwise noted.

Pottawatomie Community Center • stcparks.org

New Trips in 2023

NEW! Mystery Trip
Tuesday, June 13 • 9am-3:30pm
Age 50+ • Fee: \$24 • #31900

Enjoy the thrill of an adventure as you take a road trip to an unknown destination. Transportation is provided. Lunch is on your own. Venues will be revealed upon arrival.

Get mooving out west for an udderly good time! Learn the ins and outs of animal care and food production. Then heigh ho the derry-o with a frozen dairy delight.

Registration Deadline: June 6
Trips depart from and return to Pottawatomie Community Center, unless otherwise noted.

Pottawatomie Community Center • stcparks.org



- 42 trips offered in 2023, up 24% from 2022 (34)!



AAC TRIPS
AUGUST

Tall Ships

at Navy Pier

Th, Aug 8 • 9:30am-4:30pm
Age 50+ • Fee: \$126 • #31930

Learn about the incredible tales of real pirate adventures that happened on the inland seas while sailing the gentle waters of Lake Michigan. Assistive devices such as rolling walkers and wheelchairs must be left on the dockside storage area and may not be used on the ship. Lunch on your own at Navy Pier before the cruise. Cruise and transportation included. Chicago.

Registration Deadline: July 27
Trips depart from and return to Pottawatomie Community Center, unless otherwise noted.

Pottawatomie Community Center • stcparks.org

New Programs in 2023



CHAIR Volleyball Ages 50+

Follow the rules of regular volleyball with one huge exception - players can't get out of their chairs! Using a beach ball and a lower net, the game is played from a sitting position. It can help reduce stress, boost self-esteem and build confidence.

Tuesdays • 10-11am
AAC Member: **FREE**/Nonmember: **\$2**
Sep 5#32301 Nov 7 ...#32499
Oct 3.....#32498 Dec 5#32500

Pottawatomie Community Center • stcparks.org



- 1,450 people participated in AAC programs, up 20% from 2022 (1,212)!



NEW! Mardi Gras Celebration

Put on your beads and get ready to have a great time while you enjoy a festive lunch! Historian and musician Tim Wilsey takes you down to New Orleans to celebrate Mardi Gras. Learn about it's origins and some of the greatest musicians who influenced generations, from Louie Armstrong to Fats Domino. Lunch sponsored by Brighton Gardens of St. Charles.

Tuesday • Feb 21 Ages 50+
11:30am-1pm

AAC Member \$15
Nonmember \$20 • #30692

Pottawatomie Community Center • stcparks.org

Fitness



AAC fitness programs had 388 participants; up from 363 in 2022 for the same offerings



Holiday Celebration



- 76 AAC Members celebrated the holidays at the Jingle Bell Bash at The Arcada, up from 61 members (20%) in 2022.



Continuing Partnerships



Looking Ahead in 2024



- ✓ **MORE TRIPS OFFERED ON WEEKENDS TO REACH WORKING 50+ DEMOGRAPHIC**
- ✓ **POTLUCK LUNCHEONS ARE BACK BY POPULAR DEMAND**
- ✓ **OFFERING TECHNOLOGY BASED PROGRAMMING TO MEET NEEDS OF AAC MEMBERS**
- ✓ **COLLABORATION & CROSS-MARKETING WITH SPECIAL EVENTS TO OFFER OPPORTUNITIES TO CONNECT WITH OTHER ACTIVE 50+ RESIDENTS**
- ✓ **CROSS-MARKET OPPORTUNITIES WITH SPORTSPLEX AND THE ADDITION OF THE NEW ROWING SPACE**

Thank you!

Questions,
Comments and
Feedback

