

# In the Know... On the Go!

SPRING 2024

## Live Life Actively



**Photo:**

AAC members enjoying a cruise down the mighty Mississippi on the Celebration Belle paddlewheel riverboat during a day trip last summer.

**AAC Hours**

M-Th • 8am-9pm  
F-Sa • 8am-5pm  
Su • 12-5pm

**Holiday Hours:**

Easter (March 31): Closed  
Memorial Day (May 27): Closed



**Adult  
Activity  
Center**

A facility of the St. Charles Park District

## Spread Some KINDNESS

Help us give back to others! There is no better way than to do something unexpected. Join others inspired to bring cheer and kindness to our community members at Silverado Memory Care in St. Charles. The group will meet at PCC prior to make goodie bags with needed items, then deliver to Silverado. Transportation to Silverado provided.

**Wednesday • April 3 • 10-11am**  
**\$15 per person • #33949**

**NEW!** **The Beat Goes On LUNCHEON**  
Ages 50+

**Thursday • May 9 • 11:30am-1pm**

Sit back and relax or get up and dance to music from the early 60's and 70's performed by Soundz of Time! Take a trip down memory lane with songs from Sonny and Cher, famous boy and girl groups, and more. Don your bell-bottomed jeans, flowered shirts and platform shoes for a groovy afternoon. Enjoy lunch sponsored by Oasis Senior Advisors.

**AAC Member \$15/Nonmember \$20 • #33125**  
**Pottawatomie Community Center**

## Chicago Cubs at Milwaukee Brewers

**Sunday • June 30 • 9:30am-7pm**  
**\$145 per person • #33963**

Travel to 'Wrigley North' to see the Cubs battle the Milwaukee Brewers at American Family Field. Awesome seats between home plate and first base. Enjoy lunch on your own at the game. Motorcoach transportation & game ticket included.

Ages 5+

**Registration Deadline: May 30**

To sign up, visit: [stcparks.org/register](http://stcparks.org/register)



# Drop-In Programs

MONDAY	
12-4pm	Pinochle
12:30-4pm	Samba
TUESDAY	
9am-12pm	Bridge
1-4pm	Mah Jongg
5-8:30pm	9-Ball Pool
WEDNESDAY	
9am-12pm	Queen Bees Quilting
9:30-11am	Bingo (1st & 3rd Wed)
12-4pm	Pinochle
1-2:30pm	Red Hot Book Readers (Last Wed of the Month)
1-4pm	Mah Jongg
THURSDAY	
9am-12pm	Duplicate Bridge (Bring Your Own Partner)
9am-12:30pm	Samba
1-3pm	Mexican Domino Train
5-8:30pm	9-Ball Pool
FRIDAY	
9am-12pm	Bridge
9:30am-12:30pm	Samba
1-3pm	Table Tennis
1-3pm	Tripoli

Interested in learning how to play Mah Jongg?  
Contact Lynne at 630-513-4324.

## Red Hot Book Readers



For the Spring books, contact Lynne at 630-513-4324.

## Indoor Pickleball Courts

at Norris Recreation Center & Pottawatomie Community Center

For hours & fees:  
[stcparks.org/pickleball](http://stcparks.org/pickleball)



The AAC proudly partners with the following businesses to bring you quality programs:



# Upcoming Activities & Opportunities

## NEW! AAC Follow the Yellow Brick Road; The Life of Judy Garland

Come with us somewhere over the rainbow as historical presenter Michelle Gibbons discusses the beautiful yet tragic life of Judy Garland. Learn how Garland would receive worldwide fame for her role as Dorothy in *The Wizard of Oz*, and went on to star in other notable movies as well as starring in her own television show.

M Mar 4 1-2pm #33201  
AAC Member FREE/Nonmember \$2 PCC

## NEW! AAC Bucketball

What's bucketball? Only the best game around! The goal? To throw a ping pong ball into an opposing teams cups, sinking as many balls as possible. When a ball lands into a cup, the opposing team gets a point. Let's have some fun and a few good laughs!

Tu Mar 5 9-10am #33316  
Tu Apr 2 9-10am #33961  
Tu May 7 9-10am #33962  
AAC Member FREE/Nonmember \$2 PCC

## NEW! AAC Sit and Get Fit!

Learn to utilize your own body weight and stay fit without having to leave your seat. Join the team from BodyWorks Medical as they create an opportunity for you to stay active at home by challenging yourself physically regardless of what equipment you may not have.

F Mar 8 1-2pm #33946  
AAC Member FREE/Nonmember \$2 PCC

## NEW! Lunch and Learn: Caregivers Coping with Dementia

Alzheimer's and other forms of dementia are a huge and growing burden on families. The progressive and degenerative disease inflicts on its victim's loss of memory and behavioral changes which can be hard on families who suffer frustration and hopelessness. Leave with tips and tricks to put into place that day. Lunch sponsored by Home Instead.

Tu Mar 12 11:30am-1pm #33314  
RES \$5/NR \$6 PCC

## Northern Illinois Food Bank - Volunteer

W Mar 13 9-11:30am #33137  
W Apr 10 9-11:30am #33138  
W May 8 9-11:30am #33139  
FREE but please register NIFB

## NEW! The Journey to Successful Senior Living; Am I Prepared?

How can I stay safe in my own home? What is the difference between a POA, a will and a trust? What are the different types of senior living options? How do I pay for this? Don't miss this opportunity to learn some valuable tips that will empower you to make educated decisions when assisting loved ones. This panel discussion is presented by Oasis Senior Advisors, Bright Star Kane County, Law Elder Law/Law Hesselbaum, LTC Solutions & Honoring Aging. Lunch included.

Th Mar 21 11am-1pm #33972  
FREE but must register PCC

## Let's Do Lunch

Join us as we head to different lunch locations on the **last Wednesday of each month**. Meet at the restaurant. **Cost of lunch is on your own.** Advance registration required.

Wednesdays • 11:15am-12:45pm

Country House . . . . March 27 • #33142  
First Watch . . . . . April 24 • #33141  
Olive Garden . . . . . May 29 • #33140



## NEW! AAC Thrills! The Periodical Cicadas Return

They're baa-ack! Seventeen years after we last saw—and heard—them, the periodical cicadas of Brood XIII soon will be back again. Esteemed for their lengthy life cycle, these insects are distinctly different from the annual cicadas we see each summer. We'll investigate the genus *Magicicada's* ecology and behavior, and take a look at the survival advantages their mass emergences can offer.

M Apr 8 1-2pm #33155  
AAC Member FREE/Nonmember \$2 PCC

## AAC Early Bird Breakfast

Breakfast includes omelets prepared to your liking, donuts, coffee, juice. Event hosted by the St. Charles Breakfast Rotary. Tetanus, shingles, pneumonia and COVID shots available courtesy of Osco Pharmacy. Bring your insurance card.

Tu Apr 9 7:15-8:15am #33143  
AAC Member FREE/Nonmember \$1 PCC

## NEW! AAC Afternoon with Mr. & Mrs. Lincoln

Get a glimpse of the past with President and Mrs. Lincoln, portrayed for decades by Max and Donna Daniels. Feel as though you are sitting in the room with them. The afternoon takes place in the White House at the end of the Civil War in April, 1865. The Lincoln's reflect on the events of the past four years and their plans for the future. They flash back to the beginning of their lives together and forward to the tumultuous years of the Civil War.

M Apr 15 1-2pm #33315  
AAC Member FREE/Nonmember \$2 PCC

## NEW! Lunch and Learn: Warning Signs of Dementia

Identifying Alzheimer's early is vital to the long-term management of the disease. Learn about 10 early warning signs of Alzheimer's and steps you can take to help a loved one with the disease. Lunch sponsored by Silverado of St. Charles.

Tu Apr 16 11:30am-1pm #33950  
RES \$5/NR \$6 PCC

# Trips



## **NEW!** Fort Sheridan and Adlai Stevenson House

During a walking tour of the house, learn about this influential American statesman as you take in the setting where he wrote speeches, reflected on world events and found solace in the landscape. After lunch on your own, learn about both the human and natural history of historic landmark Fort Sheridan as you take in the beautiful surroundings. Tours and transportation included. Libertyville. *\*Active walking*

**Th Mar 14 8:30am-4:30pm #33232**  
**\$68 PCC**

**Registration deadline: March 7**

## **NEW!** Egyptian Theatre

The historic Egyptian Theatre opened in 1929 following the crash of the stock market which greatly impacted the completion of the atmospheric theatre. Once one of over 100 Egyptian Theatres in the country, today it is one of only seven remaining. On this balcony to backstage tour, learn about the history, architecture and current day operations. Some stair climbing is anticipated. Lunch on your own after the tour. Tour and transportation included. DeKalb. *\*Active walking*

**Tu Mar 19 9am-2:30pm #33266**  
**\$32 PCC**

**Registration deadline: March 12**

## **NEW!** iLuminate at The Mac

Performed in electrified, glow-in-the-dark suits, this awe-inspiring, multi-sensory stage spectacular is one you do not want to miss! Dinner before the show on your own. Admission and transportation included. Glen Ellyn. *\*Minimal walking*

**Sa Apr 6 5-10pm #33229**  
**\$84 PCC**

**Registration deadline: March 5**

## **NEW!** Hollywood Revisited at Elgin Arts Center

Experience what it's like to watch the stars walk the red carpet as your favorite Tinseltown classics come to life in this stunning musical revue. Set to music that defined the times, the show will leave you in awe as you learn about and come close enough to touch these historic masterpieces of old-time Hollywood. Dinner before the show on your own. Admission and transportation included. Elgin. *\*Minimal walking*

**Sa Apr 13 5-10pm #33231**  
**\$59 PCC**

**Registration deadline: March 20**

## **NEW!** Fire & Rain - Anthems of the 70's

Journey back in time to the memories of a great music era of classic folk anthems including songs by Jim Croce, James Taylor, Carole King, Gordon Lightfoot, Cat Stevens, Joni Mitchell and more. Lunch included at the beautiful Jacob Henry Mansion. Show, lunch and transportation included. Joliet. *\*Some walking*

**W Apr 17 9:30am-3:30pm #33987**  
**\$99 PCC**

**Registration deadline: April 2**

## Parks Tour

Join us for a park tour with the Superintendent of Parks and Planning to highlight some of the recent capital improvements and projects currently in progress around the District. Bus transportation included. St. Charles.

*\*Minimal walking*

**F Apr 26 10-11:30am #33132**  
**\$5 PCC**

**Registration deadline: April 21**



## **NEW!** Pullman Walking Tour

Browse exhibits in the Pullman Exhibit Hall, then a docent will take you on a short walk of the town, providing informed commentary about the history of Pullman, its architecture, and the landmark historic community today. Experience a walk back in time viewing the original buildings of the town. Wear comfortable shoes and dress for the weather. Lunch on your own before the tour. Tour and transportation included. Chicago.

*\*Active walking*

**Tu Apr 30 8am-4:45pm #33175**  
**\$53 PCC**

**Registration deadline: April 23**

## **NEW!** McHenry County College Planetarium

Browse the science hallways before you sit back and venture into outer space! Learn about the current night sky with its brilliant stars and planets, tour the solar system and land on some planets, then fly out past the Milky Way and beyond! Planetarium show may not be suitable for people prone to motion sickness. Lunch on your own after the show. Sky show and transportation included. Crystal Lake.

*\*Some walking*

**M May 13 9am-2:30pm #33911**  
**\$39 PCC**

**Registration deadline: May 6**

## **NEW!** 9 to 5 at The Metropolis

Set in the late 1970s, this hilarious story of friendship and revenge in the Rolodex era is outrageous, thought-provoking, and even romantic. Pushed to the boiling point, three female coworkers concoct a plan to get even with the sexist, egotistical, lying, hypocritical bigot they call their boss. Lunch on your own before the show. Admission and transportation included. Arlington Heights. *\*Some walking*

**Th May 16 11:30am-5:30pm #32507**  
**\$79 PCC**

**Registration deadline: May 1**

## **NEW!** Beautiful, Carole King at The Paramount

This musical tells the inspiring true story of Carole King's remarkable rise to stardom as part of the hit songwriting team with her husband Gerry Goffin and going on to become one of the most successful singer, songwriter and musicians in popular music history. Lunch at the Meyer Ballroom before the show. Admission, lunch and transportation included. Aurora. *\*Some walking*

**W May 22 11am-5pm #32512**  
**\$103 PCC**

**Registration deadline: May 6**

## **NEW!** Muirhead Farmhouse

The Muirhead family was one of the first settlers in Kane County, establishing their farmstead on it's current site in 1860. By the late 1940's, the family had outgrown the original home and wanted something better suited for their growing family; the result, a Usonian-style home designed by Frank Lloyd Wright. Enjoy a guided tour of the home, with lunch on your own at a local restaurant. Home is not accessible and does not allow walkers. Shoes must be removed upon entry to the home. Tour and transportation included. Hampshire. *\*Active walking*

**F May 24 9am-2pm #33156**  
**\$59 PCC**

**Registration deadline: May 8**

## **NEW!** Mystery Trip

Enjoy the thrill of an adventure as you take a road trip to an unknown destination. Explore places with spontaneity and ease as all of the planning and transportation is provided. Lunch is on your own. Sign up for this one-of-a-kind experience and try to guess the location.

Watch out for that blind spot! What do a teddy bear, candy, a petunia and a prince all have in common? Where are we going? Board the bus to find out! The same trip is offered on both dates. *\*Active walking*

**Tu May 28 11:30am-4:30pm #34547**  
**Th May 30 11:30am-4:30pm #33177**  
**\$14 PCC**

**Registration deadline: May 26**

## **NEW!** Nonsense at Fireside Theater

The Little Sisters of Hoboken are in dire financial straits. They must raise enough money to bury the last four of 52 dearly departed nuns who were accidentally poisoned by the convent cook. The five remaining sisters perform with quick paced, comic flair and high-spirited singing. Nonsense is sinfully hilarious and definitely habit forming! Lunch, show and transportation included. Ft. Atkinson, WI. *\*Some walking*

**Th Jun 6 9:30am-5:30pm #33194**  
**\$154 PCC**

**Registration deadline: May 5**

**Refund Policy: For all refunds & transfers, a \$5 processing fee will apply. Bus trip refunds will be granted only if the vacated spot is filled. For complete refund policy, visit: [stcparks.org/registration-information](http://stcparks.org/registration-information)**



**St. Charles Park District**  
Pottawatomie Community Center  
8 North Avenue • St. Charles, IL 60174

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Lynne Yuill  
Adult Activity Center Supervisor  
630-513-4324 • lyuill@stcparks.org

**Adult Activity Center  
Registration Desk**  
Office: 630-513-4323  
Fax: 630-513-9304



**SAVE THE DATE** **St. Charles Community GARAGE SALE** **APRIL 19-20 8AM-4PM**

**Ages 50+**



**Potluck Lunch  
Brats & Dogs**

**Back by popular demand!**  
Bring a dish to share with others and enjoy lunch with friends. Sponsored by Oasis Senior Advisors.

**Thursday, April 4 • 12-1pm**  
**AAC Members: FREE**  
**Nonmembers: \$2 (#33127)**  
**Pottawatomie Community Center**

**MT. ST. MARY**



**Arboretum Walk**

**Ages 50+**

**Wednesday • May 8**  
**10-11:30am**  
**RES \$5/NR \$6**  
**#34543**

Take a stroll with Arborist Dave Svitek as he highlights different trees along the walking path. Find out why trees change the colors they do, what purpose trees serve in our environment and more!

**Mt. St. Mary Park**



**Ages 50+**

**A NIGHT OF  
BINGO**

**Wednesday, May 15 • 6-7:30pm**  
**AAC Members: FREE**  
**Nonmembers: \$1 (#33144)**

Who likes BINGO? Join this friendly BINGO competition, hosted by the St. Charles Breakfast Rotary. Plenty of prizes to win.

**Pottawatomie Community Center**

**Swing Into Summer**



**BARN DANCE**

**May 18 • 6-10pm**

Twist, twirl & spin your way into summer with an evening of dancing & live music!

**PRIMROSE FARM**

**Advance Tickets (by May 17): \$18/person**  
**Tickets at the door: \$20/person**

**ALL Ages** **Purchase tickets: stcparks.org/events**

**Pottawatomie Golf Course**



**50+ Golf Tournament**

**SaSu • June 1-2 • 7am**

**\$80/golfer • Pottawatomie Golf Course**

**Ages 50+**

Play 18 holes each day in flights broken down by ages. There will be a Skins Game in each Flight, with prizes for competitors with the low score for each 9-holes and total score. Open to all participants regardless of residency. Register at the Pro Shop beginning March 1. Registration deadline: May 26 at 5pm or a full 48-player field



**For more details, visit: pottawatomiegc.com**